



PROGRAMME

19th March 2010
Lister Postgraduate Institute, Edinburgh

‘Essentials of Managing Eating Disorders’

- 09.30 **Registration & coffee**
- 09.50 Welcome, Introductions and setting out the day – Dr Jane Morris, Consultant Child & Adolescent Psychiatrist and Psychotherapist, Chair of SEDIG and of EEATS
- 10.00 **Overview of Eating Disorders and the Top 10 Things You Need to Know**
Dr Chris Freeman, Consultant Psychiatrist
- 11.00 Tea & Coffee
- 11.30 **How to Care for People with an Eating Disorder**
A practical workshop by the Huntercombe Hospital Specialist Nursing Team.
- 12.30 **Update of SEDIG and BEAT Future – Emma Healey, Beat
EEATS Development & Initiatives – Dr Jane Morris**
- 13.00 LUNCH
- 14.00 **The Way to Weigh**
Dr Jane Morris
- 14.45 Tea & Coffee
- 15.00 **Complex Eating Disorders and Treatment approaches**
Dr Sarah Cassar, Consultant Psychiatrist, Huntercombe Hospital Edinburgh
- 16.00 Close